

Please join the **York Region District School Board Psychological Services Department** for:

An Evening Presentation for **PARENTS**

with **Dr. Debra Pepler**

Promoting Resiliency Through Healthy Relationships

The symposium will be of interest to parents/guardians in promoting caring and supportive relationships within their family.

Healthy relationships are critical for the development of resiliency in children and youth.

These relationships start at home and then extend to school, peers and the community.

Recent research is showing that the quality of children's relationships is important for many outcomes: healthy DNA and the expression of genes in cells, brain development, behaviour, learning and physical, mental, and social health.

This workshop will:

- Provide a deeper understanding of how healthy development depends on healthy relationships, which sets the groundwork for developing resiliency and well-being;
- Focus on strategies to support children and youth's healthy development;
- Focus on strategies to support the development of resilience; and
- Describe the work being done within PREVNET (Promoting Relationships and Eliminating Violence Network) to promote healthy relationships in all places that children and youth live, learn and play.

When: Wednesday, May 6, 2015

**Where: Riviera Parque Convention Centre
2800 Hwy. #7 West**

(Hwy. #7 & Creditstone Road/ between Keele and Jane, North Side)

Time: 7:00 p.m. – 8:30 p.m.

Registration Fee: **\$10.00 per person** **or** **\$15.00 per Family** (parents or guardians of student(s))
(no refund if unable to attend)

PLEASE PRINT CLEARLY

CONFIRMATION OF REGISTRATION WILL BE SENT TO YOU VIA YOUR E-MAIL ADDRESS PROVIDED

Name(s): _____ Contact Phone #: _____
(Please print clearly, name or names of each Parent/Guardian attending)

E-mail: _____ Number Attending: _____ Amt. Attached: \$ _____

Please **return this portion** of the flyer with your **CHEQUE only** (**ABSOLUTELY NO CASH**)
made payable to York Region District School Board by April 30, 2015

By Mail: Elizabeth Iarocci, Psychological Services, York Region District School Board,
300 Harry Walker Parkway South, Newmarket, Ontario L3Y 8E2

By YRDSB Board Courier: Attn.: Elizabeth Iarocci - Psychological Services - C.L.L. - Newmarket

A confirmation of registration will be sent to you on receipt of payment.

Please note: THE E-MAIL CONFIRMATION IS YOUR TICKET FOR ENTRANCE TO THE SESSION.